

## **www.SafeSpringBreak.org**

I, \_\_\_\_\_, pledge to make safe and responsible decisions while on spring break. I have taken the time to consider my personal boundaries in regards to the 5 Potential Follies: Travel, Alcohol, Drugs, Sex and Crime. Below are my decisions:

How will I get to my destination safely?

What will I drink, and how much?

What is my personal boundary about drugs?

Will I have sex? If so, how will I protect myself?

How will I stay safe from crime and violence?

Furthermore, I will make sure my parents or guardians have a copy of my important documents and full itinerary. When driving, I will wear my seat belt at all times. If riding shotgun, I will keep the driver awake. I will not allow anyone in the car to drink and drive. I will make sure any friend who is too intoxicated to be out is taken home safely. I will go out with my friends, and go home with my friends. I will respect myself by honoring my personal boundaries as stated above. While on spring break, I will obey the laws of that destination.

I will not justify reckless behaviors by assuming "whatever happens on spring break stays on spring break." I know and understand this is merely a vacation, and I choose to act responsibly. In doing so, this will be a Spring Break I won't soon forget...in a good way.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

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